



 CRINGLETIE HOUSE
A Luxury Castle Hotel Near Edinburgh

*In-room Therapies
and Beauty Treatments*
The Luxury of Time



Face & Body

Mini Facial – Revitalising express facial using luxury products selected for your type of skin, ideal to give your skin a little boost!

Luxury Facial – Using a combination of techniques these facials can help reduce fine lines and leave the skin feeling and looking younger. Our organic Natural Elements facial range have a number of fantastic products which will leave your skin feeling fresh, rejuvenated and positively glowing! included in this facial is a head or hand massage it truly is a wonderfully relaxing treatment.

Body scrub – Exfoliation of the skin using a range of the amazing Rituals skin products , the scrub is applied then removed with warm mitts . This helps get rid of dead skin, leaves skin looking more toned and moisturised.

Threading – Removal of hair using a special thread, giving the brows a more defined look, no hot wax, simple and safe. Can also be done on lip/chin and face.





Swedish Back Massage

(25 mins) £27

Relaxing Back/Neck & shoulder Massage using a range of techniques and oils including *Elemis* body oil, this helps to soothe the muscles and release tension especially around neck and shoulders.

Swedish Full Body Massage

(50 mins) £47

Indulge yourself with a bespoke full body massage, let every part of you unwind and enjoy this wonderful treatment.

Leg & Foot Massage

(20 mins) £23

Very soothing massage for tired and sore legs.

Hot Stone Massage

(40mins) £38 or full body (70mins) £60

A speciality massage using heated stones, combination of using hands and placing stones on parts of the body to relax the client. The heat of the stones is deeply relaxing and the warmth allows for a deeper massage which alleviates muscle tension and stress.



Holistic Treatments

Indian Head Massage

(25mins) £27

Practiced in India for thousand of years the aim of this massage is to release the stress from the tissues and muscles surrounding the head, face neck and back. It is fully clothed and deeply relaxing, ideal for people who suffer headaches and anxiety. essential oils such as lavender and citrus oils can be used to uplift or relax the client.

Reflexology

(from 25 mins £27 to £40 for 50 mins)

A pressure point massage which is performed on the soles of the feet. There are many reflex points on the foot which correspond to different parts of the body and by working over that area , the therapist can help alleviate ailments and reduce tension.

Hopi Ear Candles

(30 mins) £32

Bio sun candles used to help alleviate a number of ear/sinus conditions.

Hands & feet

Mini Manicure or Mini Pedi
(20mins) £20

Consist of Nail Tidy & Polish with CND vinylux 7 day wear

Luxury Manicure
(40 mins) £33

Nail tidy including cuticle work, hand soak, massage and polish (CND/OPI products)

Shellac manicure/pedicure
(45 mins) £38

File & polish using CND Shellac which is cured under a heat lamp and can last up to 2 weeks.

Luxury Pedicure
(45mins) £33

Includes relaxing foot soak with essential oils, foot scrub and removal of hard skin then finished off with foot massage and file & polish

Minx Nails (CND)
(40 mins) £36

Nail foils applied to the toes , various patterns, colours and last up to a month on toes, less than a week on fingers.

Callus peel
(20mins) £22 or if added to pedicure £18

This treatment helps remove hard skin from one area of foot , ideal on heel or ball of foot, leaves feet feeling soft, smooth and ready for summer!



Customer Reviews:

"My girlfriends and I had an absolute wonderful time at the spa cottage where we were able to relax in the jacuzzi after a lovely massage and facial. To make it even more special we also had champagne, strawberries and beautiful snacks all afternoon, we felt very spoiled"

Ashley Smith, Glasgow

"Being able to have treatments in the privacy and comfort of your room makes all the difference. I had the most amazing afternoon recharging and the day ended with an amazinhd dinner at The Sutherland Restaurant. Thank you Cringletie"

Elizabeth Rennie, Scone



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