



Beauty Room



CROWN HOTEL
Leisure Club
WETHERAL
★★★★



The Beauty Room Guide

The Beauty Room is a stylish and friendly salon situated in The Crown Hotel's Leisure Club, Wetheral, Carlisle.

Open times:

Closed Monday

Tue 9am-6pm

Wed 9am-6pm

Thur 9am-7pm

Fri 9am-9pm

Sat 9am-5pm

Sun 10am-2pm

Gift Vouchers are available and are valid for 12 months from date of purchase.

Children must always be with an adult.

If you wish to cancel or change an appointment kindly give 24 hours notice or 20% of the appointment cost will be charged.

Our aim at The Beauty Room is to offer a warm, welcoming and relaxed environment in order for you to unwind and de-stress.

Our Therapists are professionally trained, hold recognized qualifications and continue to keep up to date with training to ensure our clients always receive the maximum benefit from the very latest treatments.

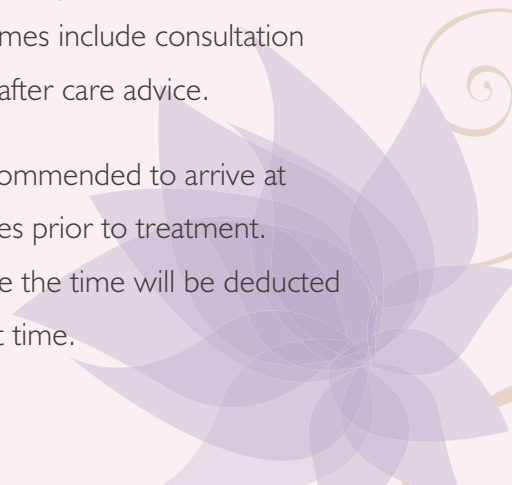
Booking information; we recommend you to book in advance to avoid disappointment.

To book please telephone 01228 564272.

All treatment times include consultation treatment and after care advice.

Guests are recommended to arrive at least ten minutes prior to treatment.

If clients are late the time will be deducted from treatment time.



ELEMIS

DEFINED BY NATURE, LED BY SCIENCE

Designed to respect the body's complex physiology, ELEMIS spa therapies work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today.

FACE

TOUCH FACIALS

Specially created for skincare concerns such as breakouts, stressed and sensitive skin, ELEMIS' scientific skin therapies are the perfect solution for daily skin challenges.

Elemis Prescriptive Facial

55 mins £45

Whatever your skin needs, Elemis can provide. Reboost your skin with our prescriptive facial. Your therapist will choose the products that your skin is craving to produce the maximum results and skincare benefits.

Fruit Active Rejuvenating Facial

55 mins £50

Rejuvenate and revive tired, dull skin with the powerful benefits of papaya, pineapple, strawberry and kiwi. A facial that smells good enough to eat.



FACE

TOUCH FACIALS

Defy the hands of time with clinically proven anti-wrinkle, radiance and resurfacing facials for instant results.



Pro-Collagen

Elemis Pro-Collagen Age Defy

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

55 mins £55

Pro-Intense

Elemis Pro-Definition Lift & Contour

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

55 mins £55

Tri-Enzyme

Elemis Dynamic Resurfacing Precision Peel

Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

55 mins £55

*Independent Clinical Trials

Elemis White Brightening Pigment Perfector

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion

55 mins £55

BODY

BODY MASSAGE

High performance therapies to relax and recharge.

Deep Tissue

Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Full Body Massage *55 mins* £50

Back, Neck & Shoulder Massage *25 mins* £38

Hot Stones Massage

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Full Body Massage *55 mins* £50

Back, Neck & Shoulder Massage *25 mins* £38

Swedish Massage

Full Body Massage *55 mins* £40

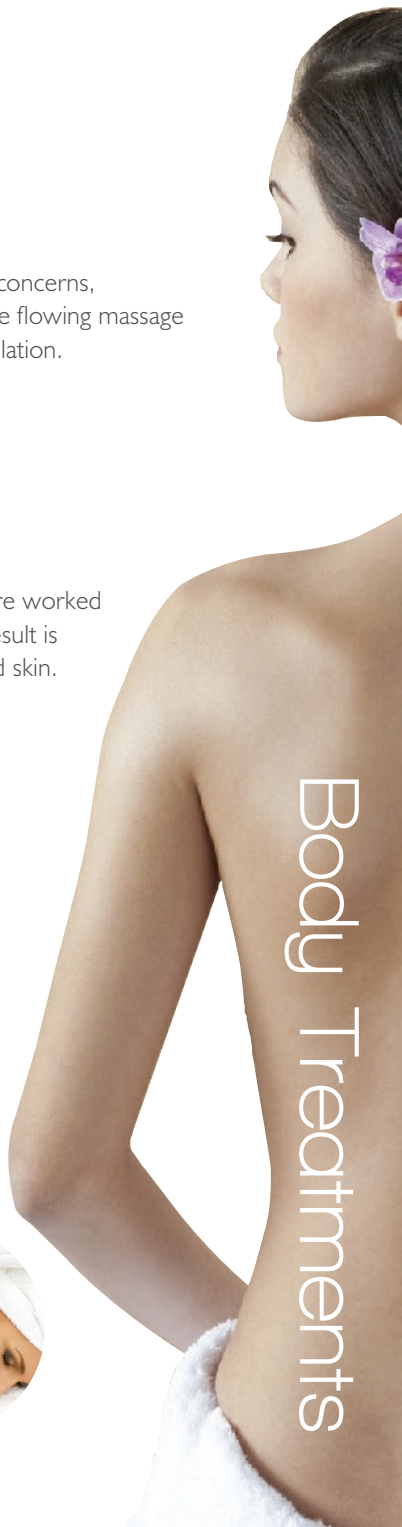
Back, Neck and Shoulder *25 mins* £28

Face, Neck, Shoulder and Scalp *25 mins* £25

Hopi Ear Candles *25 mins* £15



Body Treatments



BODY



BODY WRAPS AND SCRUBS

Drift away whilst you are cocooned in a comforting foil wrap.

All treatments include a relaxing foot massage or a de-stressing pressure point face and scalp massage.

Musclese Aroma Spa Ocean Wrap

1 hour 15 mins

£40

Muscle warming seaweed wrap

The power of aromatherapy combined with the riches of the ocean. This beautiful, aromatic heated seaweed body mask containing muscle warming blends of pine and rosemary essential oils, helps ease the pain of arthritis, fatigue and aching muscles.

Whilst cocooned, let your thoughts drift away.

Exotic Frangipani

55 mins

£40

Elemis Body Nectar Nourishing Wrap - Frangipani

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin.

You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Exotic Lime

30 mins

£30

Elemis Intensely Cleansing Salt Scrub - Lime & Ginger

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

BODY DETOX

Target problem areas with therapeutic detox and sculpting therapy.

Detoxify and deep cleanse to the deepest level.

Cellutox Aroma Spa Ocean Wrap

1 hour 15 mins

£40

Detoxify and kick-start your body

Let your thoughts drift away, whilst cocooned in a comforting wrap of rich marine algae and detoxifying juniper and lemon. Enjoy a facial massage and de-stress scalp treatment or soothing foot massage. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.



MEN

TIME FOR MEN

Most of our menu is suitable for male guests, however, these high performance therapies are designed specifically for male skin.



High Performance Skin Energiser

55 mins

£65

Anti-ageing booster for tired, stressed and dehydrated skin

The hard-working facial for ageing, dehydrated skin and tired eyes.

Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

Total Time Out For Men

2 hours

£90

Complete face and body overhaul

Enjoy the best of both worlds by combining a Time for Men Facial with a Deep Tissue Massage to improve total body performance. Rehydrates and energises the complexion, whilst deeply relaxing and recharging the body.





PREGNANCY

PREGNANCY TREATMENTS

Expert pre-natal treatments for you and your bump. A perfect gift for mothers-to-be.

Nurturing Massage

75 mins £60

Peaceful Pregnancy Massage

Award-winning therapy that's good for you and your baby from the first trimester.

This unique therapy helps relieve back tension, swollen hands and feet.

Eases the mind and lifts the spirits

TANNING

Fake Bake Full Body Cream Tan

55 mins £30

Includes full body exfoliation

MAKE-UP

100% Pure. Bare Minerals without any preservatives fillers or binders. Bare Minerals has always been about using the purest, highest quality minerals found in the earth.

Our proprietary formula gives the look of beautiful bare skin. It gives you the coverage you desire without any chemicals!

Bare Minerals Make up lesson

55 mins £30

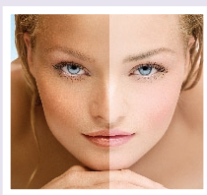
Bare Minerals Application

55 mins £30

Bare Minerals Bridal Make up

55 mins £40

Including Trial Make up





HANDS AND FEET

Add Shellac to a Manicure or Pedicure for an extra £10.

Prescriptive Manicure

40 mins £19

Nails are filed, cuticle work is performed. Nails are buffed followed by hand and arm massage and your chosen colour is applied.

Luxury Manicure

55 mins £23.50

Nails are filed, cuticle work is performed. Nails are buffed followed by hand & arm massage. Heated mitts are applied for deeper penetration of oils and creams finished off with your chosen colour applied.

Prescriptive Pedicure

55 mins £23.50

Nails are filed, hard skin is removed. Feet are then soaked, cuticle work is performed, followed by a foot massage and finished with your chosen colour.

Luxury Pedicure

70 mins £26

Nails are filed, hard skin is removed. Feet are then soaked, cuticle work is performed, then followed by a foot massage. Heated booties are applied for deeper penetration of oils and creams then finished with your chosen colour.

File and Polish

25 mins £12

Nails are shaped and painted in your chosen colour.

Callus Peel

25 mins £20

Softens hard calluses and quickly scrape them away. Leaves feet feeling clean & soft.

Rockstar nails

45 mins £26

Love a bit of sparkle and glitz? Well look no further, as a mixture of Shellac and Glitter is applied to the nails - great for holidays and special occasions. File and cuticle tidy is performed before glitter is applied.



Shellac™

Removal on Hands:

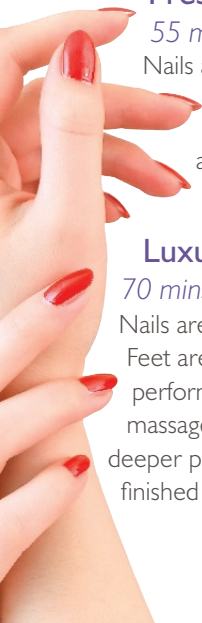
15 mins - £5

Removal on Feet:

30 mins - £10

Nails are filed and cuticle work is performed. This revolutionary gel applies like a polish, wears flawlessly for 14 days of a high gloss shine and is removed in minutes!!

45 mins £24



WAXING

The Lavender experience contains 100% pure Lavender essential oil. Help us to help you: we strongly advise that you refrain from using any sort of heat treatments e.g swimming, hot baths, saunas etc for at least 24 hrs after waxing.

Eyebrow	approx 15 mins	£7
Eyebrow Wax and Tint	approx 15 mins	£13
Full Leg	approx 30 mins	£23
Full Leg*	approx 45 mins	£30
Half Leg	approx 15 mins	£18
Bikini	approx 15 mins	£15
Underarm	approx 15 mins	£10
Lip or Chin	approx 15 mins	£6
Lip and Chin	approx 15 mins	£10
Chest/Back	approx 30 mins	£20
Half Arm	approx 15 mins	£15
Full Arm	approx 30 mins	£20

**incl Bikini*

HOLIDAY WAX

Half Leg, Bikini, Underarm,
Eyebrow Wax and Tint,
Eyelash Tint £50

Full Leg, Bikini, Underarm,
Eyebrow Wax and Tint,
Eyelash Tint £55

EYE TREATMENTS

(For 1st time tinting in The Beauty Room, a patch test must be done 24 hrs prior to treatment).

Eyelash Tint 30 mins £11

Eyebrow Tint 15 mins £7

Individual Flare Lashes

(lasts 2-5 days) 30 mins £15



Lash Perfect Eyelashes

Lash Perfect Eyelash extension are semi-permanent extensions that provide thickness and length to your natural eyelashes. They can last between 8-12 weeks with regular maintenance.

Lash Perfect 2 hours £50

Lash Perfect 'Top Up'

recommended at 3-4 weeks

1 hour £25

WEDDING PACKAGES

Ultimate Bridal Package

3 hours 30 mins £90

Waxing includes Full Leg, Bikini, Eyebrow Wax & Under Arm, Shellac Manicure & Pedicure

Perfect Bride Package

3 hours £65

Lash Perfect Lash Application, Shellac Manicure

Pamper Bridal Package

2 hours 30 mins £80

Elemis Skin Solution Facial, Back, Neck and Shoulder Massage, Shellac Manicure

Essential Bridal Package

2 hours 30 mins £70

Shellac Manicure & Pedicure, Eyelash Tint, Eyebrow Tint & Wax

A non refundable deposit may be requested



Wedding
Makeup
PACKAGE
Available on request

We offer a range of
Pamper Days

including Relax, Tranquil, Serenity, Time for Men
Afternoon Tea and Group Packages.

Please ask for our Pamper Days
brochure for more information

Spa Breaks
WITH ACCOMMODATION

Quality Accommodation with a Full Cumbrian Breakfast
Three Course Dinner in our Conservatory Restaurant

There are 3 Spa Break Packages:

Escape £115 • Pure Bliss £125 • Signature £159

Further details available on request from
the Hotel Reception on 01228 561888



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Crown Hotel Leisure Club, Wetheral, Carlisle
Tel: 01228 564272 / 01228 562986

FREE ON SITE PARKING AVAILABLE

