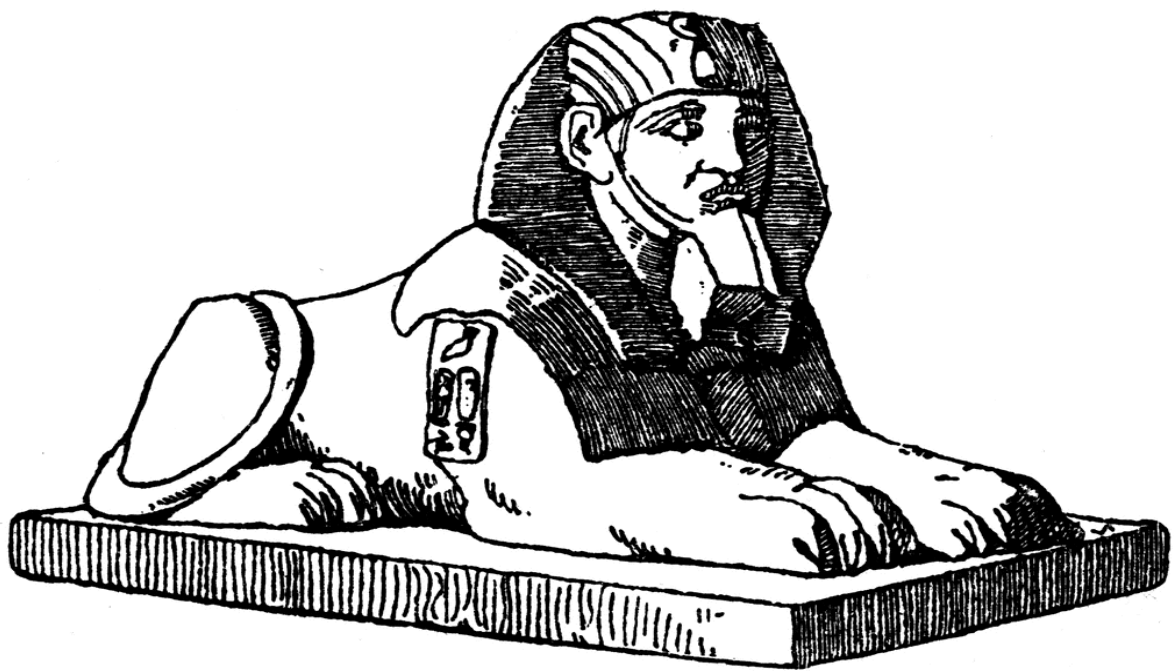


Sphinx Lounge Bar and Bistro



Food Menu

To Begin

Marinated olives with crusty bread, olive oil and balsamic £4.25

Homemade soup of the day £4.25

Black pudding Scotch egg £5.45

Chicken liver paté with fig chutney and balsamic toasts £5.45

Calamari served with garlic mayonnaise £5.75

Traditional prawn cocktail with Iceberg lettuce and Marie Rose Sauce £5.75

Nachos with cheese, Jalapeno peppers, sour cream, guacamole and salsa £5.50

Crispy potato skins with a garlic mayo dip £4.25

Sharing Platters

Italian Antipasto Salami, Parma ham, olives, mozzarella cheese, tomatoes and fresh crusty bread, olive oil and balsamic £12.95

Whole baked camembert served with crusty bread, carrot, celery and pepper crudités £10.95

Chefs Choice (served from 5pm - 9.30pm)

Northumbrian ribeye steak with flat mushrooms, grilled tomatoes, chips and salad garnish £14.95

Black pudding stuffed breast of chicken on a potato croquette with a tomato and basil sauce and glazed carrots £12.95

Grilled salmon with new potatoes, green beans and a Beurre Blanc sauce £13.75

Griddled chicken breast on a fondant potato with buttered broccoli and a creamy dolcelatte sauce £12.50

Aubergine Parmigiana stuffed with parmesan and pesto with our own tomato and basil sauce served with savoury potatoes and a salad garnish £12.25

Braised feather blade of beef with a red wine sauce, creamed potatoes and vegetables £14.95

Breaded escalope of pork with sautéed potatoes, a wild mushroom sauce and roasted cherry tomatoes £14.75

Firm Favourites

Chargrilled 6oz beef burger or 'Vege' burger in a focaccia bun dressed with mayonnaise, tomato, Iceberg lettuce and served with chips or fries £8.95

Breaded breast of chicken burger in a focaccia bun, dressed with mayonnaise, tomato, Iceberg lettuce and served with chips or fries £8.95

Extra toppings Cheddar cheese, blue cheese, bacon £1.00

Our own recipe sausages with mashed potatoes and a rich onion gravy £8.25

Homemade corned beef pie, chips, peas and gravy £8.95

Thick cut ham with 2 fried eggs, chips and peas £9.75

Battered cod, chips, peas and fresh tartare sauce £10.50

Chargrilled chicken Ceasar salad £9.75

Greek salad with warm Halloumi cheese and cold Feta £9.00

Tuna Nicoise salad £9.95

3 egg omelette to order with side salad, chips or fries £6.50

Pizza

Margherita £7.25

Four Seasons mushrooms, sweetcorn, peppers, red onion and asparagus £8.25

Meat Feast ham, pepperoni, chicken and Parma ham £8.95

Pepperoni and Jalapeno £8.25

Pasta

Tagliatelle or penne served with grated parmesan

Arabiatta Homemade tomato sauce with chilli, garlic and basil £8.25

Carbonara Pancetta, parmesan, black pepper, cream and a hint of garlic £8.95

Bolognaise Traditional Bolognaise sauce and mozzarella £9.25

Sides

Garlic bread 'pizza style' £4.25

Garlic bread with tomato £4.95

Garlic bread with cheese £5.25

Homemade chips £2.95

Onion rings £2.95

Sweet potato fries £2.95

Skinny fries £2.95

Mixed salad £2.95

To Finish

Cherry Bakewell tart with custard £4.95

Apple Tarte Tatin with vanilla ice cream £5.25

Praline topped chocolate tart with berries and vanilla sauce £5.25

*Homemade sticky toffee pudding, butterscotch sauce and ice-cream
or custard £4.95*

A trio of mixed ice creams £4.95

Paninis

<i>Turkey and cranberry</i>	<i>£4.95</i>
<i>Brie, tomato and red onion chutney</i>	<i>£4.95</i>
<i>Bacon, brie and tomato</i>	<i>£5.25</i>

Toasties

<i>Cheese and tomato</i>	<i>£4.95</i>
<i>Cheese and onion</i>	<i>£4.95</i>
<i>Ham and cheese</i>	<i>£5.25</i>
<i>Corned beef and onion</i>	<i>£5.25</i>

Cold Sandwiches *served on white or brown bread*

<i>Beef and Horseradish</i>	<i>£5.25</i>
<i>Ham and Pease pudding</i>	<i>£5.25</i>
<i>Cheese and onion</i>	<i>£4.95</i>
<i>Cheese and tomato</i>	<i>£4.95</i>
<i>Prawn Marie Rose</i>	<i>£5.95</i>
<i>Tuna and red onion</i>	<i>£5.75</i>

All of the above are served with a salad garnish and crisps. Exchange for a few chips - add 50p

Jacket potatoes

<i>Prawn Marie Rose</i>	<i>£6.75</i>
<i>Cheddar cheese and beans</i>	<i>£6.25</i>
<i>Tuna mayo and red onion</i>	<i>£6.50</i>

Hot Beverages

<i>Filter coffee</i>	<i>medium £1.70 large £2.25</i>
<i>Cappuccino</i>	<i>£2.55</i>
<i>Latte</i>	<i>£2.55</i>
<i>Mocha</i>	<i>medium £2.80 large £2.95</i>
<i>Americano</i>	<i>£1.75</i>
<i>Hot chocolate</i>	<i>£2.80</i>
<i>Tea for one</i>	<i>£1.55</i>
<i>Tea for two</i>	<i>£2.35</i>
<i>Speciality teas</i>	<i>£1.65</i>

<i>Cheese or fruit scone</i>	<i>£1.65</i>
<i>Toasted tea cake</i>	<i>£1.65</i>
<i>Slice of brown or white toast</i>	<i>£0.45</i>
<i>Biscuits</i>	<i>£0.45</i>

MORNING COFFEE SPECIAL

Filter coffee or tea with a fruit scone or a tea cake **£2.95**

(Served Monday to Saturday 10am until 12.30pm)

For the little ones. . . .

All £4.95

10" Margarita pizza

Chicken nuggets served with chips and beans

Sausage and mash with gravy

Sausage, chips and beans

Fish fingers with peas and chips

Pasta Bolognese

Penne Napoli

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Mixed ice creams £2.95

Sticky toffee pudding with ice cream £2.95

*****ALLERGIES AND INTOLERANCES*****

Before you order your food please speak to our staff if you have any questions regarding our ingredients

Food is available at the following times:

Monday to Friday 12pm - 2pm then 5pm to 9.30pm

ALL DAY SATURDAY AND SUNDAY (from 12pm)

We are open from 10am every day (11am Sunday)

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