

# KARBON GRILL

KITCHEN AND BAR

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## ALL DAY MENU

At Karbon Grill Kitchen and Bar, we aim to provide you with outstanding service and a unique menu in a stylish and relaxed environment.

We have combined timeless elegance and modern appeal with a diverse pan-American culinary experience to suit a wide variety of palates.

We hope you enjoy your time with us.



## LIGHT BREAKFAST

Special offers on business breakfast are available in the Karbon Grill, please see a member of our team.

### STARTERS

Chef's freshly made soup of the day (V)  
served with crusty bread  
**£5.50**

Classic Caesar salad (V)  
Crispy cos lettuce, Caesar dressing  
and herb croutons  
**£5, as main £7**

Add grilled chicken, prawns, halloumi or salmon  
**£2, as main £4**

Karbon's Tennessee glazed ribs  
Slow cooked Tennessee marinated  
pork ribs, with basil flavoured  
spiced corn  
**£6.50**

Moules marinière  
North sea mussels in a white wine, garlic creamy  
sauce, toasted ciabatta  
**£6.50**

Karbon prawn cocktail  
Atlantic prawns served in a Marie Rose sauce  
with shredded lettuce and crostini bread  
**£7**

Buffalo chicken wings with Karbon dipping sauce  
**Half dozen £6**

### SANDWICHES

Halloumi wrap (V)  
Grilled halloumi, mixed leaves and sweet chilli, in  
a floured tortilla wrap  
**£6**

Dry cured ham with mature cheddar  
white or brown bloomer  
**£6.50**

Chicken Caesar wrap  
Sliced chicken, Caesar dressing and baby gem  
lettuce in a floured tortilla wrap  
**£7**

Tuna and cheddar melt ciabatta  
**£7.50**

Tuna mayo and cucumber sandwich  
White or brown bloomer  
**£6.50**

Classic club sandwich  
Bacon, chicken, egg, tomato,  
with baby gem lettuce  
white or brown bloomer  
**£8.50**

**All sandwiches and wraps are served  
with a choice of salad or American fries.  
gluten free bread available**

### SIDES

Classic slaw  
**£2.50**

Sweet potato fries  
**£2.50**

Creamy mash potato  
**£2.50**

Garden salad  
**£2.50**

Skinny fries  
**£2.50**

Onion rings  
**£3**

## TWO-COURSE £15, THREE-COURSE £20

### MAINS

Karbon Burger, with American fries  
(prime secret recipe beef or marinated chicken  
breast)  
Karbon signature burger served in a brioche bun,  
with Applewood smoked bacon,  
Monterey Jack cheese and burger relish  
**£12 (£3 supplement to double up burger)**

Add  
fried egg, shin of beef, pulled pork  
or chilli con carne  
**£1.50 each**

Steak & chips  
8oz 28 day-aged locally sourced flat iron steak,  
served with chunky chips  
**£15 (£5 supplement)**

Sustainable fish and chips  
with tartar sauce and mushy peas  
**£12.50**

Char-grilled lamb koftas  
Two char-grilled lamb koftas served  
with warm pitta bread, garden salad and  
minted yogurt dip  
**£10**

Marinated grilled chicken  
Butterfly chicken fillet marinated in herbs and  
extra virgin olive oil served with our garden salad  
and corn on the cob  
**£10**

Wholemeal pasta with Mediterranean vegetables  
and tomato sauce (V)

Wholemeal pasta spirals tossed in a simple  
tomato and basil sauce with chunky  
Mediterranean vegetables  
**£8**

Pumpkin filled ravioli (V)  
tossed in basil pesto and cherry tomatoes (V)  
**£10**

Sizzling fajitas, chicken or halloumi (V)  
warm tortilla, tomato salsa, guacamole and sour  
cream  
**£13**

Fully loaded nachos  
topped with cheddar cheese, jalapenos,  
guacamole, sour cream and tomato salsa  
**£8**

Add  
shin of beef, pulled pork or chilli con carne  
**£1.50 each**

Stone baked Margherita pizza (V)  
12" pizza with oregano passata sauce and fresh  
mozzarella  
**£9**

Karbon salad with grilled chicken or halloumi (V)  
Seasonal salad leaves, avocado, croutons  
and poached egg  
**£10**

Buffalo chicken wings with Karbon dipping sauce  
**Dozen £10**

### SWEETS / PUDDINGS

Daily selection of cheese or fruit scones, cake of the day and freshly made cookies  
from £2.50 each

Warm rich chocolate brownie  
with snickers ice cream  
**£6**

Red velvet cake with  
Chantilly cream  
**£4**

Selection of artisan gelato  
(please ask a member of our  
team for daily flavours)  
**£4**

## CLASSIC AFTERNOON TEA

The origins of afternoon tea, a quintessentially English tradition, are rumoured to date all the way back to 1662 when Catherine of Braganza, King Charles II of England's Portuguese wife, introduced tea to the royal court. But the afternoon tea menu, as we have come to know and love it, took quite a while to develop.

Available from 12noon until 5pm  
£12.50 per person

### Choose from the following hot drinks

Ringtons teas  
Ringtons speciality loose teas  
or  
Freshly brewed cafetiere of coffee

### Finger sandwiches

Savoury cheese  
Ham and tomato  
Tuna mayo and cucumber

### CAKES

Selection of cakes  
Fruit or cheese scone

Strawberry jam  
Clotted cream

**Afternoon tea with a glass of Prosecco - £16.95 per person**

**Afternoon tea with a glass of Champagne - £19.95 per person**

\*Booking advised but not essential.

### Scone and drink special

Fresh speciality coffee or tea with a scone  
£4.95

## AMERICAN SHARING TOWER

A selection of American classics, perfect for sharing as a meal  
or to complement a drink at the bar

Available from 12noon until 5pm  
£14.50 per person (minimum two people sharing)

### Savoury selection

Mini calzones  
Pork and chorizo sliders  
Buffalo chicken wings  
Cheese and pickle bites (V)

### Sweets

Mini key lime pie slices  
Mississippi mud cake slices  
Pecan tart slices

### Drinks

Mini strawberry and banana milkshakes

\*Booking advised but not essential.

Please be aware that certain dishes on the menu may contain, or be prepared in the vicinity of one of the 14 food allergens in accordance with the Food Information Regulation 1169/2011. Please advise us if you have an allergy/intolerance or should you require any further information on the allergens as we hold allergen data on the ingredients in each of our dishes.

Gluten Free products available please ask a member of staff for details  
All prices are inclusive of 20% VAT.  
It is our ethos to support local and regional business whilst endeavouring to reduce our carbon footprint, therefore all of our menus are prepared, wherever possible, using fresh, locally sourced products from within a 50 mile radius.

## SUNDAY LUNCH

Two-course £12.95, Three-course £15.95

Sunday lunch at the Karbon Grill is an event for all the family, a perfect location to enjoy great company and a delicious à la carte meal created from locally sourced produce.

Visitors will enjoy a selection of dishes including the meat of the day alongside traditional puddings and a range of tasty starters, vegetarian options are also available.

## HEALTHY LIVING

The new Karbon Grill A la carte menu includes the addition our new healthy living range, with dishes such as quinoa and roasted sweet potato salad and the signature Karbon Salad with marinated chicken breast, avocado and a poached egg, please see menu for more options.

## COCKTAILS AT 5!

Complementing the restaurant is our stunning contemporary Karbon Bar which serves an extensive range of wines, beers and cocktails including our signature Karbon cocktail. Join us at our Five O'Clock Club on Thursdays and Fridays offering special discounts on selected cocktails, beers and wines and complimentary bar snacks with the first round of drinks.



## SEASONAL OFFERS

### FESTIVE CHEER

Experience something new this festive season at the Karbon Grill as we guarantee a memorable Christmas for all the family with traditional festive menus, magnificent gala dinners and other party options.

Throughout December guests can enjoy a two-course festive lunch for £15.95 or a sumptuous three-course evening dinner for £25 which includes a glass of prosecco. Available every Thursday, Friday and Saturday. Standard menu also available at the Karbon Grill, open 7 days a week.

### CHRISTMAS DAY

£65 per person

Make Christmas Day extra special and join us at the Karbon Grill as we cook up a wonderful five-course festive feast which includes a glass of fizz and canapés on arrival. Children will also have the opportunity to meet Santa himself with those under 12 also receiving a gift.

### NEW YEAR'S EVE

£50 per person

New Year's Eve at the Karbon Grill is set to be a thriller as we toast the New Year with a glass of bucks fizz on arrival followed by a mouth-watering five-course gala dinner with access to the Karbon Bar.

For more information about all the options available or to book a table please contact [karbongrill@hgisunderland.com](mailto:karbongrill@hgisunderland.com) or call 0191 349 8500.



## FOR YOUR BUSINESS CONVENIENCE

Hilton Garden Inn Sunderland features three meeting rooms complete with complimentary WiFi and LCD screens for presentations, perfect for hosting corporate functions for up to 50 guests which include private dining facilities. Room hire and DDR rates available, for more information please call 0191 500 9494 or email [enquiries@hgisunderland.com](mailto:enquiries@hgisunderland.com).



## RELAX AND UNWIND

Combine your stay or visit at the Hilton Garden Inn with a relaxing massage or therapy treatment. Options include; Swedish massage, warm bamboo therapy, Reiki, Indian head massage, hot stone massage, sports massage and Reiki with sound wave therapy. Prices vary, please call 0191 500 9494 or email [enquiries@hgisunderland.com](mailto:enquiries@hgisunderland.com).