

APPETISERS AT FYR

Baked 'more?' bread 228kcal **£3.25** smoked butter, olive oil and balsamic

Marinated olives from Penrith's silver and green 50kcal £3

Honey mustard chipolatas 310kcal **£3.25** FYR grill sauce

FYR roasted padron pepper 159kcal £3 smoked paprika mayonnaise

"5 ,mile" goats' cheese bites 481kcal £3.25 Mr Vikki's chilli jam

"Penrith smokie" sausage and tomato skewers 316kcal £3.50 raw tomato marinara

Tempura prawns 444kcal £5 grilled lime, sweet chilli

All prices are per person