

# FYR

## SOUP & SANDWICHES Served 24 hours

All served with your choice of bread - thick cut white or granary bread with mixed leaf salad and Kettle crisps

**Honey roast gammon** 596kcal £9.75  
piccalilli, Hampshire watercress

**New York deli** 512kcal £10.50  
beef pastrami, pickle, emmental cheese  
horseradish mayonnaise

**Coronation chicken salad** 674kcal £9.75

**Sussex charmer cheddar cheese** 774kcal £10.50  
real ale chutney

**Classic egg mayo** 525kcal £9.75  
wholegrain mustard, Hampshire watercress

**Homemade soup** 530kcal average £7.50  
warm crusty roll, sea salted butter

## COMFORT MENU From 11.30am – 9pm

**Garlic stuffed olives** 106kcal £6  
with lemon and parsley

**Smoked salmon pâté** 292kcal £6  
lemon and rosemary crackers

**Hay smoked burrata** 383kcal £9  
panzanella salad

**Salmon Caesar salad** 496kcal £21  
pancetta, croutons, anchovies, gem lettuce

**Solent club sandwich** 668kcal £18  
marinated chicken breast, avocado mayonnaise,  
bacon, lettuce, beef tomato, sea salted fries  
choice of white or granary loaf

**Thwaites beer battered fish and chips** 1260kcal £19.50  
crushed peas, tartar sauce

**Hand pressed beef burger** 1199kcal £18.75  
sourdough bun, gem lettuce, beef tomato,  
Applewood smoked cheddar, tomato relish  
and skin on fries  
with streaky bacon 1439kcal

**Moving Mountains vegan burger** 906kcal £18  
sourdough bun, gem lettuce, beef tomato,  
Applewood smoked cheddar, tomato relish  
and skin on fries

**Black garlic gnocchi** 553kcal £20  
sautéed wild mushroom, hazelnut,  
Hampshire watercress

**Seasonal vegetarian special** 630kcal average £18  
(please ask our team for this week special)

## DESSERTS

**Selection of three petit fours** 424kcal £6

**Grilled fruit tart** 704kcal £9  
set custard, citrus mascarpone cream

**Seasonal fruit crumble** 485kcal average £9  
vanilla ice cream

**Cheeseboard from our selection  
of locally sourced cheeses** per cheese £7  
3 cheeses £18

served with stone fruit jam, grapes,  
toasted charcoal baguette and artisan crackers 460kcal  
tunworth 157kcal, barkham blue 304kcal,  
Sussex charmer cheddar 460kcal

**Jude's ice creams and sorbets** per scoop £3.50  
3 scoops £8.25  
please ask for our flavours  
274kcal average per scoop

Prices include VAT, service at your discretion. Allergen Information - we really want you to enjoy your meal with us - if you'd like information about ingredients in any dish. Please ask and we'll happily provide it. Gratuities are left at the discretion of guests. 100% of the gratuities are shared amongst all of our team throughout the hotel.