

ishga

Scottish Seaweed Skincare

WE ARE PROUD TO INTRODUCE THE INNOVATIVE ISHGA RANGE OF ORGANIC SCOTTISH SEAWEED SKINCARE PRODUCTS TO THE SPA AT TURNBERRY

ishga harnesses the anti-aging properties of the finest hand-picked seaweed from The Scottish Hebrides to create an organic skincare range that can revitalise, repair and moisturise the skin. Make a positive difference to the health and appearance of your skin today.

ishga facial 55 minutes £80

A rejuvenating facial designed to revalitise and repair. The organic range of products used combine mineral rich seaweed as the main ingredient, others include natural healing spring water, aloe vera, macadamia nut oil and cucumber extract. Seaweed is high in vitamins, minerals, trace elements and natural antioxidants that are considered essential for maintaining healthy, youthful skin. Suitable for all skin types. Particularly useful for toning, firming, nourishing, but also repairing and protecting the skin from environmental damage.

ishga seaweed body wrap 55 minutes £85

A powerful Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub. The treatment is designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone.

ishga hot stone massage 55 minutes £85

A full body massage incorporating heated Basalt stones which instantly relax the muscles, allowing the treatment to work at a deeper level. Hot stones are useful for easing out tension, reducing aches and pains and are placed along the chakra's to open up energy pathways. A seaweed base oil with lemongrass, lavender and juniper will detoxify and regenerate the skin.

ishga seaweed bath 30 minutes £35

A unique Scottish experience where you can relax in fresh, hand harvested seaweed from the Hebridean coast. Unwind in a hot bath infused with mineral sea salts containing over 85 natural trace minerals and pure Scottish seaweed.

ishga salt & oil scrub 25 minutes £40

A Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. An invigorating express treatment to stimulate circulation, eliminate toxins and leave the skin nourished and glowing.

ishga invigorating massage 55 minutes £85

A medium pressure massage combining a powerfully detoxing seaweed body oil with lemongrass, juniper and rose geranium. The treatment is designed to be invigorating, but equally relaxing with a focus on removing tension to re-energise the body. The seaweed body oil used regenerates, firms and tones the skin and is particularly useful for eliminating toxins.

ishga express facial 25 minutes £40

An express facial using our organic product range combines a cleanse, tone and moisture for essential skin maintenance. Includes an exfoliating mask and scalp massage to complete the experience.

signature treatments, exclusive to trump turnberry

aisla craig 85 minutes £110

This signature treatment pays homage to the Ailsa Craig, a striking volcanic island which presides over Trump Turnberry. This powerful, detoxifying treatment begins with a Hebridean Sea Salt and Oil Scrub. The stimulating and hydrating properties of the scrub are perfect for eliminating toxins and reduction of cellulite. The treatment moves on to a full body massage using volcanic Basalt stones, which harness the powerful earth energies. Using the stones ensures a deeper level of relaxation and reduction of tension.

woe-be-tide 85 minutes £110

This signature treatment has a real connection to the sea and its detoxifying properties. Named after the fourth hole on the Championship Ailsa course, the Woe-be-tide combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub, perfect for eliminating toxins and reduction of cellulite. The treatment then moves onto the nourishment of the face. The facial products use mineral rich seaweed, which is high in vitamins, minerals, trace elements and natural antioxidants that are considered essential for maintaining healthy, youthful skin. Other key ingredients include natural healing spring water, aloe vera, macadamia nut oil and cucumber extract.

To book your ishga experience at Trump Turnberry, please call 01655 334 060

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