

Afternoon Menu

From 12pm to 6pm

Seasonal Soup of the Day with Grilled Artisan Ciabatta and Salted Butter **£7.00**

All Sandwiches are made on Thick Bloomer or White Bread and served with an Assortment of Crisps and Dressed Salad. **Price per sandwich is £9.00**

- Roasted Ham, English Mustard and Watercress
- Matured Cheddar, Sliced Vine Tomatoes, Tamarind and Apple Chutney
- Tuna Mayonnaise and Cucumber
- Egg Mayonnaise and Watercress
- Prawn, lettuce, and Marie Rose Sauce
- Turkey, Cranberry and Sausage

Add a Seasonal Soup of the Day **£4.00**

Desserts

Dark Chocolate and Caramel Sundae with Maple Pecan Ice Cream and Caramelized Pop Corn **£5.50**

Ice Creams:

- Vanilla
- Dark Chocolate **£1.50 per Scoop**
- Strawberry
- Maple and Pecan
- Rum and Raisin

Sorbets:

- Blackberry
- Raspberry
- Mango

Afternoon Tea

Your choice of fresh cut sandwich, fruit scone with strawberry jam & clotted cream, selection of homemade cakes and a pot of either Whitewater blend brewed tea, Shibui SpecialityTea or filter coffee. £2 extra applies for the prawn sandwich*

- Full Afternoon Tea **£18.95pp**
- Sparkling Wine Afternoon Tea **£24.00pp**
- Pimm's Afternoon Tea **£24.00pp**

Shibui Speciality Tea Selection* **£2.95**

Tropical Green - Caffeine - blend of refreshing Sencha green tea with tropical fruits

Chamomile & Citrus - Caffeine free - herbal infusion of chamomile flowers and citrus fruits

Earl Grey - Caffeine- blend of rich Assam and Ceylon black teas with citrusy bergamot

Lemongrass & Ginger - Caffeine free - herbal infusion of lemongrass, ginger and orange

Berry Hibiscus - Caffeine free - blend of fruity berries and hibiscus petals

Masala Chai - Caffeine- full bodied Assam with a blend of traditional Indian spices

Jasmine Organic - Caffeine- organic Chinese green tea with jasmine blossoms

Organic Mint-Caffeine free- refreshing infusion of chopped spearmint

Hot Beverages

Freshly Brewed Pot of Tea **£3.95**

Liqueur Coffee **£7.50**

Freshly Brewed or Decaffeinated Coffee, Cappuccino, Espresso, Latte, Hot Drinking Chocolate **£3.95**

Our Dishes may contain ingredients which might be unsuitable for guests with specific dietary requirements. Please inform our Restaurant Staff if you wish to see our Allergen Menu. Due to preparation or cooking method, it is not possible to guarantee total segregation of any allergens.

Cascades Spa Lunch Menu

Served from 12pm until 6pm

Deep Fried Haddock in a Local Ale Batter served with Thick Cut Chips,
Mushy Peas, Homemade Tartare Sauce and Lemon

£16

Classis Cajun Chicken Ceasar Salad on a bed of Dressed Garlic,
Parmesan Dressing, Herb Croutons, Parma Ham, Soft Boiled Eggs and Anchovies

£16

Classic Homemade Beef or Corn Fed Chicken Burger layered with Cheese, Lettuce,
Tomato on a Toasted Brioche Bun served with French Fries or Thick Cut Chips,
Mayonnasise and BBQ Sauce

£17

Vegetable Burger layered with Cheese, Lettuce and Tomato on a Toasted Brioche Bun
served with French Fries or Thick Cut Chips, Mayonnaise and BBQ Sauce

£14